**Spanish Springs Boys Basketball Pyramid of Success**



 **Win State/Region**

 **League Championship**

**Goals**

 **GREAT PRACTICE TEAM**

 **Best conditioned Win Rebound Battle**

 **Beat Reed Don’t lose at home <15 turnovers**

 **>46% shooting % >36% 3pt % >10 O rebounds**

  **>15 FT made >34 total rebounds >13 assists >15 steals**

 **Hold Opponent to 2 single digit Qtrs. <48 pts given up**

**BEHAVIORS**

 **Accountability Competitive Spirit Team First**

 **Mental Toughness Basketball IQ Right Mental Attitude**

 **Work Ethic Enthusiasm Intensity**

 **Grit/Grind Discipline ONE MORE**

**CORE VALUES**

 **Hard Work Toughness Trust Unity Passion**

The bottom 2 rows are the **Foundation**, they never change

The bottom row is **Values**

The next row up is **Behaviors, Qualities and Characteristics**

Everything above the foundation (bottom 2 rows) is team goal

**“Cougar Culture”: culture of team / program**

**People** – Self-disciplined, stick to our goals, and STANDARDS, extreme lengths to fulfill responsibilities, use disciplined thought process and take disciplined action, have discipline to do what it takes to be the best

**Responsibility** – we don’t have jobs, we have areas of responsibility, no responsibility is more important than another – different but not more or less important, freedom in area of responsibility (**within our framework)**

**Competitive** – NO FEAR, everything is competition, and competition is everything, defiance to second place, hunger to be the best, preparation/focus to compete

**Integrity –** do the right thing – in public and private, Honesty, Humility, Respect – treating all people like they are important, Selflessness – meeting others needs, Commitment

**Leadership –** influencing individuals to work enthusiastically toward team goals and standards – Servant leadership

**Enjoyment** – smile, laugh, enjoy process and struggle, “ I get to….!”

**Values: (the bottom row)**

**Hard Work -**  relentless and continuous effort and endurance working and believing in a common goal. We are built on hard work, we are a hard work program and will embrace hard work.  We are a blue collar grit and grind team

* Culturally fit
* Perseverance
* Punctuality
* Dependability
* Initiative
* Team Spirit
* Motivated
* Learner and Self-Reliant

**Toughness –** an intangible, an attitude, being unbreakable. Not just physical but mental, repetition of developing great habits and the toughness to fight through and embrace the grind. Want to be coached hard. Want to be pushed and challenged. People will say “damn they are tough”

* Discipline
* Communication – Talk on offense and defense
* Get on the floor
* Take charges
* Sprint the floor
* Strength in body language
* Doing the little things as if they are big things
* Finish plays
* Consistent
* Take responsibility
* Next Play
* Make “Getting Better Daily” your goal

**Trust –** confidence is each other’s integrity and abilities. Doing our job.  SS is bigger than us.  Team is bigger than us. Will we execute and defend how we are taught - all the time.  Are you going to be trusted to take the right shot, make the right play, act the right way, be a positive person in our community/school/program, stay out of trouble, staying eligible on your own. Can we be trusted by our teammates, your coaches and our school?  Choose to do the right thing. We have a Brotherhood of trust.

* Do your job
* Great Effort
* Man of your word
* Consistent
* Low ego, high output
* Do the right thing, take care of responsibilities

**Unity –** friendly, courteous, and accepting. What’s your role? Embrace and apply it. Are you truly happy for the success of a teammate or when a teammate is having success? Are you helping your teammates to have success? Have a tremendous amount of pride in our program, what we do, what you do.

* Knowing and accepting your role (don’t have to be satisfied, but…….)
* Communication style – open, honest, direct, and respectful
* “band of brothers”

**Passion –** enthusiastic, excitement, energy, extra effort, excellence. We have to be energetic every day. We will use your voice and communication on the floor.  We have to want to be there even on our worst day or when things aren’t going well or are hard. We don’t need to be pulled along. Practice/workouts/basketball class is going to be the best 2 hours of our day.  Our “want” to has to be greater than how we feel.

* By product of belief
* Great accomplishments are hard, take time, and tremendous effort
* Contagious and infectious
* KEY to Passion - “I want to be here!”; “I am all in”

**Qualities and Characteristics**

**Accountability –** you control your destiny by the choices you make

* Be early
* Simplify – focus on a few things
* Set goals
* No excuses, explanations, or complaining

**Mental Toughness –** your mental approach is the most important thing in life, not what happens to you

* Adversity
* Embrace change
* Be here now – appreciate the day, play 1 possession at a time
* Being resilient

**Work Ethic / Intensity –** blue collar attitude; unmatched work ethic and attitude of “whatever it takes”

* No free lunches – you earn everything
* Enthusiastic
* Persistent and consistent
* Relentless finishers

**Competitive Spirit -** understanding that you are competing against yourself

* No fear of failure; take chances; challenge them, cut it loose
* Respect all, fear none, bring it on!
* Poise under pressure
* When lights come on, smile about opportunity and perform

**Basketball Intelligence –** it’s all about how you prepare

* Master and student of the game, expert in our system, coach on the court
* Eat, sleep, live right

**Discipline:**

* Ability to do what is right, when things are hard, when things aren’t going well and when no one is looking
* Separates excellent work from average work

**Grit and Grind**

* Perseverance
* Courage
* Strength of character
* Follow through on commitments

**Team First**

* A member of an elite team of warriors with and uncommon commitment to a common purpose
* 18 Units strong
* Nothing is more important than my connection to my team
* Seek no glory for myself but for my team
* The teams core values and my core values

**Right Mental Attitude**

* Nothing can stop the man with the right mental attitude
* We can do anything if we put our mind to it

**One More**

* Strength and courage to do one more of everything and anything

**Intensity**

* Focused / locked in
* Driven
* Winning matters
* Great energy and concentration
* **NOT** over emotional

**What makes us different than other programs:**

* We are a grit and grind program. We place a huge emphasis on defense and details in what we do on defense and offense.
* 5 separators:
1. Preparation. Prepare, practice and play like we lost our game - eye of the tiger, prepare everyday
2. Teaching. Player development and skill level is important, as is team and concept development.  Players will be better basketball players
3. Consistency- consistent in what we do and how we play
4. The ability to compete. Winning Matters.
5. The ability to finish. Winning Matters.

**Non Negotiable’s/Standards:**

Be early - 15 min early ready to go

Leave things and places better than we found it

No Excuses/Whining

No Complaining

No Entitlement

No Transfer of Blame (TOB)

**Know your No’s:**

NO paint

NO direct drives

NO Middle

NO baseline (influence baseline/sideline get it cut off or trapped)

NO rhythm 3’s

NO 2nd shots